

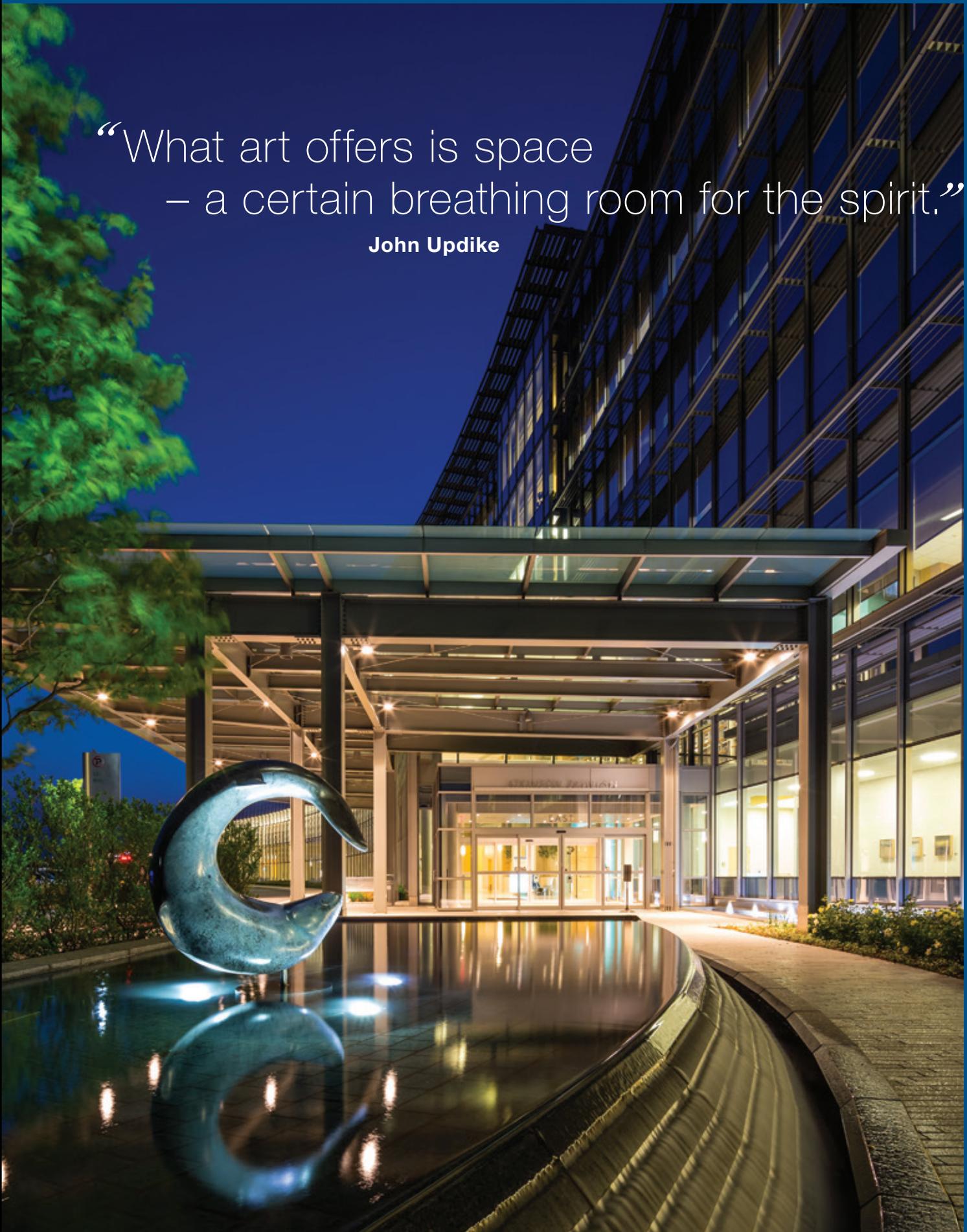


Art

FOR HEALING

“What art offers is space
– a certain breathing room for the spirit.”

John Updike



Being in a hospital can be quite stressful for patients and their loved ones — whether they are dealing with serious medical issues, life-and-death situations, or even minor illnesses and injuries. During such moments, art can provide a much-needed respite, a space to gather one's thoughts and emotions.

Not only have literary figures such as John Updike recognized the restorative powers of art: scientists, too, have discovered that art can contribute greatly to healing. In recognition of this, Princeton HealthCare System (PHCS) has initiated an *Art for Healing* program, an initiative to acquire beneficial works of art, most by local artists, for our new hospital.



Opposite page: Gordon Gund's *Moment* (bronze), featured in the Hanle Welcome Garden at the East Entrance of the University Medical Center of Princeton at Plainsboro. The acquisition of this sculpture was made possible by a grant from John J. Roberts and The Concordia Foundation.

Above: The *Art for Healing* Gallery, featuring the work of Hetty Baiz. The Gallery was made possible by a gift from Princeton Anesthesia Services, P.C.

Introducing *Art for Healing*

A great passion of mine over the last decade has been the design and construction of the new hospital, the University Medical Center of Princeton at Plainsboro (UMCPP). Its opening in 2012 was a momentous achievement in the history of Princeton HealthCare System.

Throughout this process, my senior leadership team and I have given great attention to the design of the hospital. That design has garnered many national and international accolades. In 2013, for instance, the London-based magazine *Building Better Healthcare* presented UMCPP with its Award for Best International Healthcare Design. The magazine presents the award once each year to recognize an exemplary healthcare building project that creates a positive, supportive, and therapeutic environment for patients, visitors, and staff.

Our commitment to design excellence continues with our internationally recognized *Art for Healing* initiative. That initiative has received a Collaboration of Design and Art (CoD+A) Merit Award. The CoD+A Awards celebrate design projects throughout the world that demonstrate the most successful integration of art into architectural spaces.

We are driven to do everything possible to help people heal. There is compelling scientific evidence that art can contribute meaningfully to achieving that goal. Art, spirituality, surgical robots, and other state-of-the-art technologies all matter in different and important ways.

The acquisition of the right art, selected through the principles of evidence-based design, greatly enhances the environment of care. Our *Art for Healing* initiative is a wonderful way for you to aid our patients in their healing, their families in their coping, and our staff in their critical work.

Barry S. Rabner

President and CEO, Princeton HealthCare System
Board Member, The Center for Health Design



Above: Mr. Rabner by Gordon Gund's *Flukes* (2004, bronze), featured in the Meditation Garden. This sculpture is a gift from Mr. Gund.

Opposite page: Yolande Ardissonne's *Bouquet a la Monnaie du Pape* (oil on canvas), featured in the Neonatal Intermediate Care Unit in the Center for Maternal and Newborn Care. This painting is a gift from the estate of George and Estelle Sands.



Art

FOR COMFORT

The mission of our *Art for Healing* initiative is to create an environment that enhances the well-being of all who come to University Medical Center of Princeton at Plainsboro.

Opposite page: Carol Hanson's *Hay Fields, Princeton* (2010, oil on canvas), featured in the Center for Eating Disorders Care.

Right: Naomi Chung's *Mimosa Tree* (2011, oil on canvas), displayed in the east elevator lobby of the fourth level.

Below: Elaine Vrabel's *Far View of the Marsh* (2010, pastel on paper), featured in one of the entrances to the Edward and Marie Matthews Center for Cancer Care. The acquisition of this painting was made possible by a grant from John J. Roberts and The Concordia Foundation.





FINDING



Evidence-Based Design and the *Art for Healing* Committee

Based on the principles of evidence-based design, the *Art for Healing* initiative applies credible research to achieving the best possible outcomes. Many studies have shown that art selected through these principles is health inducing.

A committee consisting of curators, artists, art teachers, and others – guided by the expert consultants on hospital art, CAMA, Inc. – has chosen each of the works in UMCP.

The Pebble Project

UMCP is a member of the Pebble Project, the research program of the Center for Health Design. Through the Project, we will contribute to the national and international conversation on the beneficial effects of art in the hospital setting.



Above: Members of the *Art for Healing* Committee consider Illia Barger's *Natasha* (2009, oil on canvas), featured in the corridor leading to the Bristol-Myers Squibb Community Health Center and the Medical Arts Pavilion.



Art for Healing Lead Donor

When we visit a hospital, we suspend normal daily life to focus on a health maintenance or repair issue that will either return life to normal, or somehow alter our existence. The emotional arc of such a visit can include worry and hope, stress and relief, pain and comfort as we navigate unanticipated logistics, await procedures and results, and anticipate outcomes and their impact on our lives. At such a time, art can offer a welcome diversion.

Where there are feelings of uncertainty, pain, and dislocation, art can redirect our focus onto that which is beautiful, communal, and life-affirming. Whether they briskly pass a painting to attend a meeting, or sit for hours by a sculpture awaiting a surgical result, we hope that the hospital's artwork can provide our patients, caregivers, visitors, and staff with a welcome moment of uplift and possibility.

Kim Pimley

Chair, Princeton HealthCare System Foundation Board of Directors
Vice-Chair, Princeton HealthCare System Board of Trustees

Above: Mrs. Pimley by James Perry's *Allegro* (2012, mahogany), located in the Atrium of the David and Patricia Atkinson Pavilion, near the entrance to the Center for Neuroscience Care.



Joan Becker's *Late Summer* (2011, watercolor on paper), featured in the east elevator lobby of the third level.

“The concept that art plays a significant role in healing is supported by research. Studies show that beneficial art reduces lengths of stay; decreases anxiety, stress, and pain; improves patient satisfaction; and leads to more favorable perceptions of care.”

Rosalyn Cama

Principal, CAMA, Inc.
Chair, The Center for Health Design
Author, *Evidence-Based Healthcare Design*



ISFACTION

Melding Sculpture, Business, and Philanthropy

As a blind person, sculpting keeps me in touch with the world. I visualize the images, how they look from different angles, in motion, their visual expression. While with my eyes I can't see the shapes I create, I feel them over and over again with my hands and my mind, and the result is in my mind forever.

Gordon Gund

Renowned sculptor in bronze

Chairman and CEO, Gund Investment Corporation

Co-Founder and Chairman, The Foundation Fighting Blindness

Opposite page: Gordon Gund with his bronze *Flukes* in the Meditation Garden.

Below: Charles McVicker's *The Sandy Road* (2009, oil on canvas), featured in the waiting area of the Center for Surgical Care. The acquisition of this painting was made possible by a gift from Community Connection of Princeton HealthCare System.



Art FOR RES



PITE

The Life and Aliveness of Healing Art

Art and healing come together when the art has certain transformative powers found in the life of the art and the aliveness of the art. Healing art needs to transport you to a new state. Through my art, I wish to carry you to my land where my images can convey you to health.

Ernestine Ruben

Internationally renowned artist and photographer



Opposite page: Naomi Chung's *Sheltering Pine* (2011, oil on canvas), featured in the reception area of the Edward and Marie Matthews Center for Cancer Care. The acquisition of this painting was made possible by a grant from John J. Roberts and The Concordia Foundation.

Below: Ernestine Ruben's *Chinese Fields* (2008, giclee), featured in the Princeton Medicine offices in the Medical Arts Pavilion. This giclee is a gift from Ms. Ruben.



A woman with blonde hair, wearing a white cardigan, is smiling and looking to her right. She is seated behind a bright blue reception desk. The background is a vibrant yellow wall. On the wall, there is a framed painting of a pine tree. To the left of the woman, on a white table, is a vase of colorful flowers. A computer monitor is visible on the desk to her right.

TION OF CARE

Nature as Integral to Art for Healing

My work is based on the concept that man functions according to the same laws as all other creatures. Through the exploration of the primal connection between man and nature, my goal is to create environments that provide inspiration, relaxation, and a meditative feeling. Patients, staff, and visitors to the hospital will have the chance to reflect in a calming ambience. My work *Amaryahu with Cat* explores the primal connection between man and cats.



Boaz Vaadia

Internationally renowned sculptor

Opposite page: Boaz Vaadia's *Amaryahu with Cat* (2009, bronze and basalt). The acquisition of this sculpture was made possible by a gift from Steffens 21st Century Foundation II.

Below: Hetty Baiz's *Fish Series #2* (2010, mixed media), featured in the Acute Care for the Elderly Unit.





NAGEMENT



Art FOR BEA

Eve Ingalls's *Is Someone There* (1995, oil and acrylic on canvas), featured in the restaurant. The acquisition of this painting was made possible by a gift from Barry Goldblatt.



Piet Hein's *Super Ellipse* (fiberglass), featured in the Punia Family Healing Garden. The *Super Ellipse* illustrates the one curve relating to both the circle and the rectangle, symbolizing perfect harmony. This sculpture is a gift from the Roed Family.

Phase II of Art for Healing

UMCPP has launched Phase II of its *Art for Healing* initiative, the creation of art activities that benefit patients and their families. One of our early Phase II initiatives has been a collaboration with the Princeton University Art Museum. The Museum's scholars deliver lectures on art in our Education Center; the Museum's conservators provide guidance on conserving our works of art. We have also created an "art menu" on the GetWellNetwork (to which patients have access in their room); on that menu are videos of the Museum's lectures and images of works of art in our and the Museum's collections.



“Among art’s many virtues is its ability to engage both our intellect and our emotions, to open us to wider worlds and take us beyond our direct personal experience.

Whether through extended contemplation or moments of transport and uplift, art

offers unique opportunities to engage the whole person and to encourage the movement from wound to healing. We’re delighted to partner with Princeton HealthCare System in its pursuit of holistic healthcare.”

James Christen Steward

Director, Princeton University Art Museum



Ar



t FOR HEALING

Giving to *Art for Healing*

100,000+	Founder's Circle
\$50,000+	Chairman's Circle
\$25,000+	President's Circle
\$10,000+	Pyne Circle
\$5,000+	Friend's Circle
\$2,500+	Partner's Circle
\$1,000+	Leader's Circle

We hope you will consider joining the many beneficent donors who have enabled UMCPH to acquire healing works of art. Our *Art for Healing* initiative offers many naming opportunities.

For further information, please contact Princeton HealthCare System Foundation at 609.252.8710 or foundation@princetonhcs.org.



Above: Cassie Jones's *Blue Diamonds* and *Day by Day* (2010, acrylic, felt, and staples on panel), featured in the Regan Family Center for Pediatric Care. The acquisition of these works was made possible by a gift from James E. and Diane W. Burke.

Opposite page: François Guillemin's *Remembrance of Gifts Past* (2013, bronze and steel), featured in the Punia Family Healing Garden. The creation and acquisition of this sculpture was made possible by a gift from Kim and Michael Pimley.





Above: Cassie Jones's *Birds of Paradise Lost* and *All That Is Missing* (2010, acrylic, felt, and staples on panel), featured in the Regan Family Center for Pediatric Care.

Cover: Gordon Gund's *Moment* (bronze), featured in the Hanle Welcome Garden at the East Entrance of the University Medical Center of Princeton at Plainsboro. The acquisition of this sculpture was made possible by a grant from John J. Roberts and The Concordia Foundation.



Princeton HealthCare System Foundation

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