

Promoting
a safe
environment
for patients,
families
and staff.



Redefining Care

**University Medical Center of
Princeton at Plainsboro**
SAFE PATIENT HANDLING
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Safe Patient Handling



Redefining Care

A University Hospital Affiliate of the University
of Medicine & Dentistry of New Jersey —
Robert Wood Johnson Medical School
Accredited by The Joint Commission



Safe Patient Handling

Total Body Lifts

Total body lifts are for those individuals who are unable to get out of their bed and into a chair. With this device, you will be cradled and lifted in a sitting position to a chair.



Lateral Transfer Devices

When you need to be moved from a bed to a stretcher or radiological table, a board is used to help slide you from the bed to the other surface. This device promotes your safety as well as that of the staff



One of Princeton HealthCare System's primary concerns is the safety of our patients and staff.

In conjunction with the state's Safe Patient Handling Act, Princeton HealthCare System has developed a comprehensive program designed to help patients move more safely and comfortably during their stay, while also helping prevent injuries to our staff members.

While physicians usually encourage their patients to move around as much as possible to regain their strength and function, every patient's situation is unique and some individuals may need help moving from one position to another. It's important to understand and follow your physician's orders regarding activity.

If you do need assistance when moving to a chair, the toilet, or back to bed, we have a variety of specialized assistive devices to help you remain safe and comfortable. Our staff has been highly trained on the use of this equipment, which may include the following types of devices.

Standing and Raising Aid (SARA)

SARA is for those who have difficulty standing or walking. This device has a sling around the chest and a strap around the knee to safely assist you when getting from the bed to a chair or a bedside commode.



Standing Support Aid (Stedy)

Stedy is another device that helps when you have difficulty walking, but can stand. It allows you to move in a semi-seated position.



Questions or Concerns?

Princeton HealthCare System wants to make sure that you and your family feel comfortable with the use of safe patient handling equipment, as described in this brochure. If you have any questions or concerns about safe patient handling in Princeton HealthCare System, please feel free to contact your nurse.

Brought to you by the Safe Patient Handling Committee at University Medical Center of Princeton at Plainsboro (UMCPP).

