



# Advanced GI Services

## PMC's Center for Digestive Health Brings the Latest Diagnostics and Treatments to Central New Jersey

The new Center for Digestive Health at Princeton Medical Center (PMC) offers comprehensive GI healthcare services, including advanced diagnostic and treatment procedures not widely available in Central New Jersey.

PMC's **Esophageal Program** is part of the center, providing patients access to:

- **Wireless esophageal pH monitoring and impedance pH testing**, which measure reflux from the stomach into the esophagus among patients with gastroesophageal reflux disease (GERD).
- **High-resolution esophageal manometry**, a test that measures the function of the lower esophageal sphincter and muscles of the esophagus.
- **Stretta therapy**, a minimally invasive procedure that uses radiofrequency ablation to stimulate and strengthen the lower esophageal sphincter, providing long-term relief from GERD.
- **Radiofrequency ablation**, a procedure to treat Barrett's esophagus by removing diseased, precancerous cells from the esophagus.
- **Endoscopic mucosal resection (EMR)** for early esophageal cancer.
- **Pneumatic dilation** for achalasia.

The center also offers advanced **Hepatobiliary/Pancreatic/Oncology** services including:

- **Endoscopic ultrasound (EUS)** to diagnose and stage esophageal, gastric, rectal and pancreatic cancers and to diagnose a range of other GI conditions. In addition this procedure allows for drainage and sampling of pancreatic cysts for further analysis.
- **Endoscopic retrograde cholangiopancreatography (ERCP)** to diagnose and treat disorders of the pancreas, liver, gallbladder, and bile duct. This includes new technology to visualize the bile duct using cholangioscopy.
- **Enteral stenting** to provide relief from blockages caused by tumors in the GI tract and manage benign conditions such as leaks, fistulas, and strictures.

Additionally, the center offers advanced techniques for **Small Bowel** conditions including:

- **Video capsule endoscopy**, which provides images of the small bowel that cannot be captured with traditional X-rays.
- **Balloon enteroscopy**, a specialized endoscopic approach to diagnose and treat small bowel disease.

**To refer a patient or for more information, call the PMC Center for Digestive Health at 609.853.7272**

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