



Have you recovered from COVID-19? You may be able to help others currently suffering from the disease

CONSIDER A CONVALESCENT PLASMA DONATION

Individuals who have recovered from COVID-19 may have immune-boosting antibodies in the liquid portion of their blood — also known as plasma, or convalescent plasma — that might be transfused to critically ill COVID-19 patients.



HOW TO MAKE A CONVALESCENT PLASMA DONATION

You may qualify to help if you meet specific convalescent plasma and regular blood donation eligibility requirements:

- At least 17 years old and weigh 110 lbs (additional weight requirements and consent from a parent/guardian apply for donors age 18 or younger)
- In good health and generally feel well, even if you're being treated for a chronic condition
- Symptom-free for the past 14 days, having fully recovered from COVID-19
- Previous positive COVID-19 test

If you meet the criteria and would like to donate plasma, please fill out a donor eligibility form or contact your nearest American Red Cross or New York Blood Center.

To donate at the American Red Cross, fill out their donor eligibility form online at redcrossblood.org/plasma4covid

To donate at the New York Blood Center, fill out their donor eligibility form online at nybc.org/cpdonor

When presenting to donate, donors are asked to wear a face mask or face covering.

At the donation center, you will be asked to complete a questionnaire about your health history, and have vital signs and a hemoglobin check. Should you meet all donation screening criteria, you will be eligible to donate your plasma.