



We're there when you need us.

Adding us to your mobile device is fast and easy.

Our **member portal** gives you access to thousands of up-to-date **articles**, **videos**, **podcasts**, **calculators**, **interactive checklists** and **webinars** focused on health and wellbeing.



Interactive
Content

Members have instant, confidential, 24/7/365 support to get access to the help they need—all in the palm of their hand.



Penn Medicine
Princeton Health

Princeton Employee Assistance Program
800.527.0035

Help is a one call or click away!

Create your account at
MyLifeExpert.com today!

Scan Here to
Download:



Use company code: **PR035**