

## Are you caring for an aging relative or friend and have questions or need extra support?

Our qualified eldercare consultants can help you find resources in caregiving and aging.

Our website is filled with information, videos, webinars, and checklist on aging issues including:

- Medicare certified resources in your area
- Referrals for in-home care, housing options, and nursing homes
- Caregiving tips and resources
- Medical, health, wellness, safety and more...



Interactive Content

Our information, services and support programs are here for you with 24/7 access to help when you need it.



Princeton Employee Assistance Program 800.527.0035

Help is a one call or click away!

Create your account at MyLifeExpert.com today!

Scan Here to Download:





Use company code: PR035