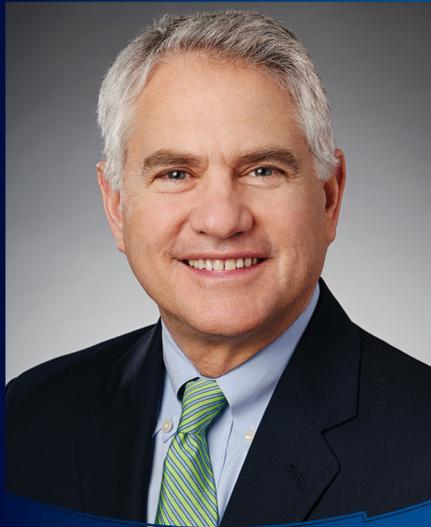


Progress Report to the Community 2017



Penn Medicine
Princeton Health



MESSAGE FROM BARRY RABNER AND KIM PIMLEY

By virtually all measures, 2017 was the best year in the nearly 99-year history of PHCS. We achieved success in the areas of clinical outcomes, patient satisfaction and financial strength. University Medical Center of Princeton (UMCP), for the third year in a row, was named by *U.S. News & World Report* as a top 10 hospital in New Jersey and a top 20 hospital in the New York metropolitan region. Our financial performance also placed us among the top 10 percent of hospitals in New Jersey. Also in 2017, UMCP was redesignated as a Magnet® hospital, the highest institutional recognition available for nursing excellence.

Our patients' answers to the question "Would you recommend this hospital?" put us in the 99th percentile in New Jersey for inpatient satisfaction, our outpatients put us in the 94th percentile and — as of the last quarter in 2017 — our Emergency Department patients put us in the 99th percentile in New Jersey.

Princeton HomeCare outperformed its peers in various performance measures, including preventable hospital readmissions. The Hospice Program of Princeton HomeCare became a regional partner of *We Honor Veterans* and implemented staff training to improve the care provided to military veterans.

Princeton House Behavioral Health, already a regional leader in behavioral health and addiction services, will soon be able to provide improved access to highly sought-after inpatient services, thanks to some recent licensing changes. Princeton House is also in the process of expanding its outpatient centers to accommodate growing patient demand.

During the summer, Princeton House was named a finalist for an NJBIZ Healthcare Heroes Award to acknowledge groundbreaking research into the link between opiate abuse and the hepatitis C virus. The research, which is still ongoing, is conducted with infectious disease experts on our Medical Staff, working in partnership with representatives of Rutgers University.

Our network of employed physicians, Princeton Medicine, added new practitioners and locations while enjoying its best-ever patient satisfaction results. The PHCS Medical Staff welcomed 165 new practitioners in 2017 and now has 1,304 members.

Since 2017 was our final year as Princeton HealthCare System, you will still see this name throughout the report for the final time. Our partnership with the internationally renowned Penn Medicine system became official on January 1, 2018, and although our name has now changed, we will remain right here as vital assets to this community.

Our patients will continue to receive high-quality care close to home, and they will gain an added benefit: easier access to the latest medical breakthroughs, clinical trials, cutting-edge technologies and specialized clinical expertise available through Penn Medicine.

We are currently one of the best community hospitals in New Jersey, and our goal is to become one of the best community hospitals in the world. Partnering with Penn Medicine will help us achieve that goal. We look forward to providing even better care and service to our patients and communities in the years to come.

Barry S. Rabner
President and CEO
Penn Medicine Princeton Health

Kim J. Pimley
Chair, Board of Trustees
Penn Medicine Princeton Health

PRINCETON HEALTHCARE SYSTEM JOINS PENN MEDICINE

Princeton HealthCare System (PHCS) and its affiliates, including University Medical Center of Princeton, Princeton House Behavioral Health, Princeton HomeCare and the Princeton Medicine physician network, are now part of the University of Pennsylvania Health System (UPHS), one of the world's leading academic medical centers.

"This is one of the most significant days in our history, and we look forward to being an even stronger organization, clinically and financially, as we continue to fulfill our almost century-old mission of serving this community," said PHCS President and CEO Barry S. Rabner. "Members of our community will continue to receive high-quality care right here, close to home. They also will benefit from easier access to the latest medical breakthroughs, clinical trials, cutting-edge technologies and specialized clinical expertise — both here and elsewhere in the Penn Medicine system."

UPHS includes five highly regarded hospitals in Pennsylvania, as well as primary and specialty physician networks and outpatient facilities, and home and hospice services. The Hospital of the University of Pennsylvania (HUP) and Penn Presbyterian Medical Center have together been consistently recognized as an Honor Roll Hospital in the *U.S. News & World Report* Best Hospitals rankings, including the past four years in the nation's top 10 hospitals. UPHS is part of Penn Medicine, along with the Raymond and Ruth Perelman School of Medicine, which consistently ranks in *U.S. News & World Report's* top five medical schools and among the nation's five leading medical schools for National Institutes of Health funding.

"The joining together of Princeton HealthCare System and Penn Medicine represents an exciting new chapter in Penn Medicine's growth. PHCS has an impressive reputation for providing high-quality care to patients close to home and innovating in many types of

community-based health and wellness initiatives," said Ralph W. Muller, CEO of UPHS. "Now, we can offer a powerful partnership to patients throughout the region PHCS serves, continuing the services they already depend on, coupled with access to world-class care for complex conditions and innovative clinical trials available at Penn Medicine."

Founded in 1919, PHCS provides a wide range of inpatient and outpatient hospital care, behavioral health and addiction services, rehabilitation, in-home nursing, hospice care and fitness and wellness services to more than 1.3 million people in central New Jersey. University Medical Center of Princeton (UMCP) was ranked in the top 20 hospitals of the New York metropolitan region in *U.S. News & World Report's* 2017-2018 Best Hospital rankings.

PHCS employs approximately 3,000 people. Like each of Penn Medicine's hospitals, UMCP also shares a proud tradition of nursing excellence, having achieved Magnet® status, the highest institutional recognition available for nursing excellence. PHCS announced in June 2015 that it would begin evaluating partnership opportunities to ensure its continued success in the future. In December 2016, they announced the plan to join Penn Medicine. On December 21, 2017, leaders of both organizations signed an agreement that made PHCS part of Penn Medicine as of January 1, 2018.

"Our Trustees engaged community members, physicians and employees in a thorough two-year process to evaluate and select a partner," said Kim Pimley, Chair, PHCS Board of Trustees. "In Penn Medicine, we found a partner that shares our values. Together, we can make world-class care more accessible to the people in the communities we serve. We are delighted to begin a shared future."



PRINCETON HEALTHCARE SYSTEM

- In 2017, Princeton Medicine, PHCS' group of employed primary and specialty physicians, added two new practice locations and four practitioners. Princeton Medicine now employs more than 100 practitioners at 21 locations across central New Jersey. In addition, 11 Princeton Medicine practices were selected to participate in Comprehensive Primary Care Plus (CPC+), a national advanced primary care medical home model that aims to strengthen primary care.
- In 2017, PHCS enjoyed its best year ever for overall patient satisfaction in outpatient care, inpatient care, the Center for Emergency Care and Princeton Medicine according to Press Ganey, a survey research firm that analyzes patient surveys for healthcare organizations across the country.
- Princeton Health International (PHI) continued to assist with employee training for healthcare organizations across the globe and provide executive physicals, medical second opinions and treatment for international patients.

HEMOCARE AND HOSPICE

Princeton HomeCare provides comprehensive in-home nursing and rehabilitation, hospice care and support services to patients in Mercer, Somerset, Middlesex and Hunterdon counties. Our home health aides are an integral part of services provided to patients, with 54 percent of aides working with us for more than 10 years.

In 2017, Princeton HomeCare outperformed its peers by maintaining a 30-day hospital readmission rate of 7.6 percent as compared to our national peer group rate of 12 percent. This low rate illustrates our dedication to improving patient health, assuring safe care and reducing unplanned hospitalizations for patients throughout the continuum of care. To keep patients safe in the home setting without rehospitalizations, clinicians teach self-management skills, provide symptom management, encourage and facilitate early practitioner follow-up, and provide medication management and education.

The Hospice Program of Princeton HomeCare became a regional partner of *We Honor Veterans* in 2017. This program is a pioneering campaign developed by the National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs. As a *We Honor Veterans* partner, Hospice has implemented ongoing veteran-centered education for staff to help improve the care provided to veterans.





As we continue to move toward value-based care, it is not only our numerous quality recognitions that are important—it is our ability to deliver better clinical outcomes and a better experience for all patients. People who write to me or stop me in the hospital to compliment our staff often highlight the personal touch and the level of caring that they experienced, either as a patient or the loved one of a patient. I think that is so important. Beyond excellence in medical care, patients want to know that their individualized needs are being met by those who truly care ... and we at University Medical Center of Princeton truly do care.

Janet L. Ready, RN, FACHE, MBA/MPH | President, UMCP | Senior Vice President, PHCS

UNIVERSITY MEDICAL CENTER OF PRINCETON (UMCP)

UMCP NAMED BEST REGIONAL HOSPITAL

For the third year in a row, UMCP was recognized as a Best Regional Hospital in central New Jersey in the 2017-18 Best Hospitals rankings published by *U.S. News & World Report* and rated high performing in four procedures and conditions. UMCP was ranked as the No. 8 hospital in New Jersey and No. 17 in the entire New York metropolitan region.

UMCP LISTED AMONG HEALTHCARE'S MOST WIRED

UMCP earned a place on the 2017 HealthCare's Most Wired® list, which recognizes hospitals for leveraging technology to promote quality of care and patient access. This award is in recognition of the significant long-term investments made in upgrading our information technology systems. This includes upgrading our electronic medical records and giving patients new mobile-friendly tools for securely accessing their medical information or paying a bill online.

UMCP RECOGNIZED FOR NURSING EXCELLENCE

UMCP has earned redesignation as a Magnet® organization, the highest institutional recognition available for nursing excellence. This prestigious status is held by only 471 hospitals worldwide. UMCP was recognized for two exemplary practices: The Behavioral Emergency Response Team (BERT) and PHCS Community Education & Outreach.

UMCP RATED HIGHLY RECOMMENDED BY PATIENTS

In 2017, as part of the federal Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey, more than three-quarters of patients surveyed after a stay at UMCP rated the hospital a 9 or 10 (of a possible 10), which ranked in the 92nd percentile among New Jersey hospitals. UMCP also ranked in the 92nd percentile in New Jersey for the percentage of patients who would recommend the hospital.



NEW CENTER FOR DIGESTIVE HEALTH

UMCP has opened the Center for Digestive Health, giving patients streamlined access to high-quality, coordinated diagnosis and treatment of diseases involving the digestive system – including the stomach, esophagus, large intestine, colon, liver, gallbladder and pancreas. The new Center is led by two board certified gastroenterologists and provides a nurse navigator, who works with each patient and coordinates care with other departments throughout UMCP and PHCS.



ORTHOPAEDICS PROGRAM ADDS ROBOTIC TECHNOLOGY

This year, our Orthopaedics Program purchased a Stryker Mako robotic system. This innovative robotic technology is designed to increase accuracy in aligning and placing implants. The system assists surgeons by creating a 3-D model of the patient's anatomy, enabling surgeons to develop a pre-surgical plan that customizes implant size, positioning and alignment specifically for each patient. It also provides assistive technology to help the surgeon ensure accuracy as he or she completes the surgical procedure. The robot is one component of our comprehensive total joint replacement program.

PELVIC WELLNESS

The Center for Pelvic Wellness continues to grow and expand its services. The Center treats bladder, pelvic support and bowel disorders, as well as postpartum complications and issues with sexual dysfunction. Since its opening in December 2016, the Center has added three pelvic floor physical therapists, two nurse navigators and a dietitian. Overall, patient satisfaction scores consistently rank in the 99th percentile, per Press Ganey. *Pictured right: Lisa Meseroll is happy to be pain-free after successful treatment for pelvic separation that occurred during childbirth.*



TELENEUROLOGY PARTNERSHIP HELPS STROKE PATIENTS

Since the spring, staff members in UMCP's Center for Emergency Care have been able to teleconference with a Penn Medicine neurologist. Called "teleneurology," this innovative video conferencing has allowed for faster diagnoses for stroke patients, accelerating the decision-making at a time when every second counts. This is especially important when clot-busting medications such as tissue plasminogen activator (TPA) are needed quickly. Teleneurology is available on evenings and weekends. In-house neurologists provide these services at other times.



▲ Patient safety and quality of care remain paramount priorities, and we continue to add new capabilities and advanced treatments to ensure the care we provide is both safe and effective. These initiatives include telemonitoring of patients who are at greatest risk of falls, expanding specialized safety training for employees in the Center for Emergency Care and offering a new treatment option for liver cancer that has been shown to help patients live longer with a greater quality of life. ▲

Donald F. Denny Jr., MD | Senior Vice President | Medical Affairs, PHCS

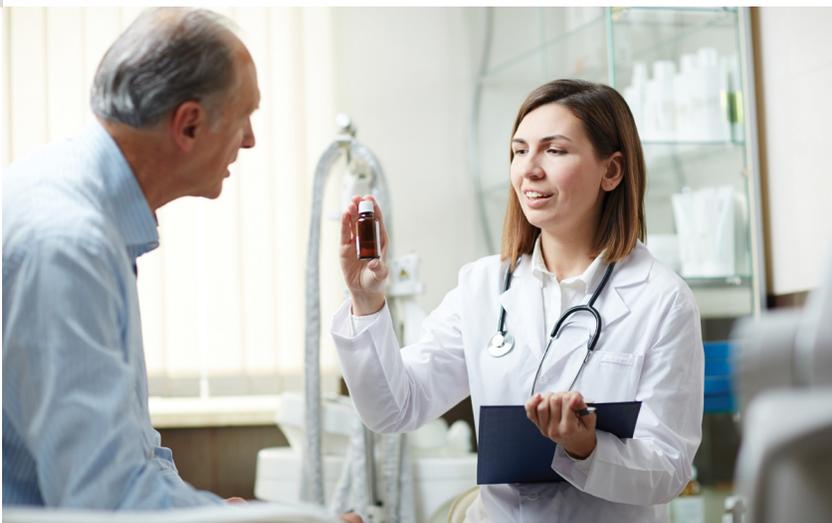


VIDEO MONITORING PROMOTES PATIENT SAFETY

At UMCP, patient safety and privacy are among our highest priorities. UMCP has purchased 10 patient video monitors (PVMs) to help ensure patients who are at greater risk for falls are safe when they are alone in their room. Each mobile monitor has a video camera and two-way audio device, which allows a trained staff member to see and speak to the patient from a central location in the hospital 24/7. For example, if the patient is trying to get up out of bed, the staff member will ask the patient to stay in bed until help can arrive. A “privacy mode” can be enabled under certain circumstances, such as bathing. Nothing is recorded, and the only time the monitor tech can hear a conversation is when they talk to the patient over the speaker. The patient chooses whether to use the PVM.

MEDS-TO-BEDS PROVIDES MEDICATION CLARITY

The Outpatient Pharmacy introduced the Meds-to-Beds program, an initiative designed to ensure greater medication safety for patients being discharged from the hospital. UMCP can now fill patients’ discharge prescriptions before they leave the hospital and deliver them straight to their bedside. This new service ensures patients are given the proper medications and receive dosing instructions from their nurse or care team member. This is especially convenient for those who might have trouble accessing a pharmacy to fill their prescriptions when returning home.



GOLF THERAPY

After an injury, illness or surgery, many golfers require specialized physical rehabilitation to help them reduce pain and prevent further injury. This year UMCP introduced an innovative Golf Rehabilitation Program, led by a physical therapist who holds a Medical Level 3 Titleist Performance Institute certification. Each golfer undergoes a comprehensive physical therapy examination and is then fitted with wearable technology – called a K-VEST® – which precisely measures their body motion to help correct poor technique, optimize motion and decrease stresses on the body during the swing and follow-through. The Golf Rehabilitation Program is conveniently located at the Princeton Fitness and Wellness Center in Plainsboro.



ANTIMICROBIAL STEWARDSHIP PROGRAM

UMCP's Department of Pharmacy Services recently launched an Antimicrobial Stewardship Program to help promote the appropriate use of antimicrobials (including antibiotics) that are used to treat infections such as viruses, bacteria and fungi. Programs to manage antimicrobial agents have been shown to improve the quality of patient care and patient safety by increasing infection cure rates and reducing hospital-acquired infections. Through the program, the department regularly reviews the broad-spectrum antibiotics that are being prescribed for adult patients and makes recommendations to prescribing physicians for optimizing their use, including dosing, duration of therapy and how they are administered.

ADVANCED CANCER CARE

UMCP is one of a few hospitals in the state offering an innovative FDA-approved treatment that is helping to significantly improve the lives of patients with liver cancer, including those with advanced cancer and limited treatment options. The new treatment, called radioembolization, helps precisely target and kill cancerous tissue by using microscopic radioactive beads to cut off the blood supply to the tumor. This approach also helps minimize damage to surrounding healthy tissue. The treatment is used for individuals with primary liver cancer and cancers that have spread from the colon or breast to the liver. It is very well tolerated, with most patients returning home the next day.



INNOVATIVE VIRTUAL DEMENTIA TOUR®

Imagine your senses dulled, your balance thrown off, your world thrown into a state of confusion. These are the challenges faced by people with dementia. To help better understand how patients with dementia experience life, UMCP staff took part in an innovative training simulation called the Virtual Dementia Tour®, or VDT. The goal is to provide staff with new insights on how to best communicate with, and provide care for, these patients. This humbling and enlightening exercise asks participants to complete a series of relatively simple tasks while outfitted in ways that maximize distractions and undermine their senses: wearing thick gloves to inhibit dexterity, rough insoles to irritate their feet, glasses that restrict their vision and headphones that distract them with constant noises. To date, over 100 staff members have experienced the VDT simulation and gained personal insight and empathy into how patients with dementia experience our everyday world.



CENTER FOR EMERGENCY CARE REDUCES WAIT TIMES

The staff in the Center for Emergency Care has implemented an important initiative to deliver effective care to patients even more quickly. A new two-tier triage process allows all patients to be triaged by a registered nurse within minutes of arrival. Patients who are identified as having a high-risk complaint, such as suspected heart attack, are expedited to an available room before completing the triage. Most patients who do not need to be admitted to the hospital are discharged from the Center for Emergency Care within three hours of arriving there. Over the past year, the Center for Emergency Care has reduced the average length of stay for these discharged patients by almost 30 minutes. Faster turnaround times for lab and radiology results have contributed to greater efficiency in the delivery of emergency care at UMCP.

ENHANCED EMERGENCY SERVICES FOR CHILDREN

Children and their families have access to world-class pediatric care through UMCP's long-standing partnership with Children's Hospital of Philadelphia (CHOP). Through this partnership, pediatricians from CHOP are on-site 24/7 at UMCP to provide inpatient pediatric care and consult on pediatric patients who visit the Center for Emergency Care. In addition, board certified neonatologists provide neonatal care. To provide children and parents even more timely and convenient access to world-class care, a pediatrician from CHOP is on-site in the Center for Emergency Care every day from 2 to 10 p.m., during the hours when children most frequently visit. A pediatrician from CHOP will continue to be in the hospital at all other times, easily accessible for consultations on pediatric emergencies.



PRINCETON HEALTHCARE CAMPUS UPDATE

This year, PHCS closed on the sale of a 38-acre parcel of land on the hospital campus. The company that bought it will develop an independent living community designed for people 55 years and older. A total of 45 townhomes and 260 rental apartments will be built, ranging from studios to three-bedroom units. The development includes multiple dining venues, a spa and outdoor recreation areas. The developers broke ground in the fall and anticipate completing the project in approximately two years.

Developers of the assisted living, adult day care and child day care facilities completed the construction of a shared storm-water management system and the extension of a shared utility network. In addition, PHCS plans to build a helipad on the west side of the patient tower, providing easy access to the Center for Emergency Care for emergency patient transfers to and from the hospital campus. The helipad transport will be operated and managed by PennSTAR, a program offered by Penn Medicine. Design is under way, with construction expected to start by summer of 2018 and completed by fall of 2018.



Artist rendering of the independent living development



COMMUNITY HEALTH & VOLUNTEERISM

In 2017, PHCS Community Education & Outreach hosted or participated in 2,000 community programs, including screenings, classes and health fairs that reached more than 41,000 area residents, a 3 percent increase over 2016.

Among the programs were 82 free health fairs and screenings that offered community members blood pressure, glucose, cholesterol and other testing, as well as the opportunity to speak with PHCS physicians and health professionals. PHCS instructors provided 693 CPR and first aid classes. PHCS also held 73 events at area senior centers and active adult communities, serving 2,366 seniors.



PHCS continued its programs for EMTs in 2017. A total of 232 aspiring EMTs completed their observation hours in the Center for Emergency Care at UMCP. In addition, 133 EMTs attended continuing education classes on topics such as burn injuries, elder abuse and mental health first aid training.

In 2017, a total of 704 volunteers served PHCS, donating a combined 70,000 hours.



The Animal Assisted Activities Program — sometimes referred to as pet therapy — continued its great work throughout the health system. Petting a dog releases good de-stressing brain chemicals and brings smiles to many people. The teams traveled to the cancer infusion center, the clinic, the Center for Eating Disorders Care and various nursing floors. Other teams worked closely with therapists at Princeton House Behavioral Health in a program called Animal-Assisted Intervention (AAI). The initiative introduces dogs to certain therapy programs to help individuals who have difficulty expressing their feelings. This year the program added five new dogs and five new doghandlers, bringing the program's total to 19 dog teams — serving approximately 1,000 hours.

In 2017, 12 college-aged volunteers participated in PHCS' Pre-Health Professionals Program, a 10-week summer program for college students who are interested in healthcare careers. Students volunteered in various clinical units and in the Center for Emergency Care.

The Guest Relations program expanded in 2017, adding 10 new volunteers to greet guests and assist with patient wayfinding at UMCP. By year's end, a total of 63 volunteers were participating in the program.



PHCS' award-winning series of online chats, called Princeton Health on Demand (on the video streaming network USTREAM), continued in 2017 with 13 broadcasts on topics including diabetes, women and drinking, treatments for liver cancer, common foot and ankle problems and fall prevention. The online format provides participants with the opportunity to view a health lecture from the comfort and privacy of their own home. Princeton Health's OnDemand channel drew 2,306 viewers in 2017.



AMY ROBACH HEADLINED PHCS CANCER SURVIVORS DAY CELEBRATION

In June, *Good Morning America* news anchor Amy Robach (center) shared her story about her breast cancer journey during a special event hosted by PHCS at the Hyatt Regency Princeton. The event — *Celebrate Strength, Celebrate Life: An Evening with Amy Robach* — marked the 30th annual National Cancer Survivors Day. Robach, who was diagnosed following an on-air visit to get a mammogram, is a *New York Times* bestselling author and an advocate for the importance of breast cancer screening. Also pictured above are two members of the PHCS Medical Staff: Dr. Robert “Buzz” Berger (left), a radiologist, and Dr. Margaret Crivello, a fellowship-trained breast surgeon (right).



PHCS WELCOMED KATE HUDSON

Golden Globe Award-winning and Oscar-nominated actress Kate Hudson (center) headlined *An Evening with Kate Hudson*, sponsored by PHCS at Rider University. Hudson, a *New York Times* bestselling author, highlighted her new book, *Pretty Fun: Creating and Celebrating a Lifetime of Tradition*. Also speaking at the event were Laura Buckley, MD, a member of the PHCS Medical Staff (left) and Amrit Walia-Zaidi (right), a member of the PHCS Foundation Board of Directors. More than 900 people attended the October event.

Princeton House Behavioral Health

Princeton House Behavioral Health (PHBH) is a leading provider of highly skilled and compassionate behavioral healthcare. PHBH offers specialized programming for adults, adolescents, teen girls, young adults, men, women and seniors in eight inpatient and outpatient locations throughout central and southern New Jersey.

GROWTH IN BEHAVIORAL HEALTH SPACE AND SERVICES

Princeton House is expanding three outpatient sites. In Moorestown, construction of an additional 5,000 square feet of treatment space has been approved to expand capacity for child, adolescent and women's services. In Eatontown, plans have been finalized to double the physical space, expanding to an adjacent floor to accommodate growth in demand for services in Monmouth County. Plans are also under way to expand the North Brunswick outpatient site, as programs have been operating at capacity there, often with waiting lists for admission.

On the inpatient side of services, Princeton House has experienced increasing demand to care for patients with psychiatric, substance abuse and medical co-morbid conditions, something Princeton House is uniquely qualified to do. In 2017, PHBH successfully petitioned the Department of Health to relicense 44 existing beds to treat patients with co-occurring disorders. After minor renovations, it is anticipated that the new admissions criteria will be implemented in the spring of 2018. This will enable Princeton House to treat additional patients.

CLINICAL TRAINING PROGRAMS EXPAND

Princeton House is committed to training the clinical professionals of the future and is a highly sought-after placement for psychologists, social workers and counselors in training. In 2017, a new two-year, post-doctoral training program began, offering inpatient and outpatient experiences for psychologists. In addition, the following internships were granted:

- Doctoral candidates: four psychology interns were chosen from 98 applicants from 22 states, the District of Columbia and British Columbia, Canada.
- Master's-level clinicians: more than 25 interned throughout Princeton House inpatient and outpatient settings in 2017.

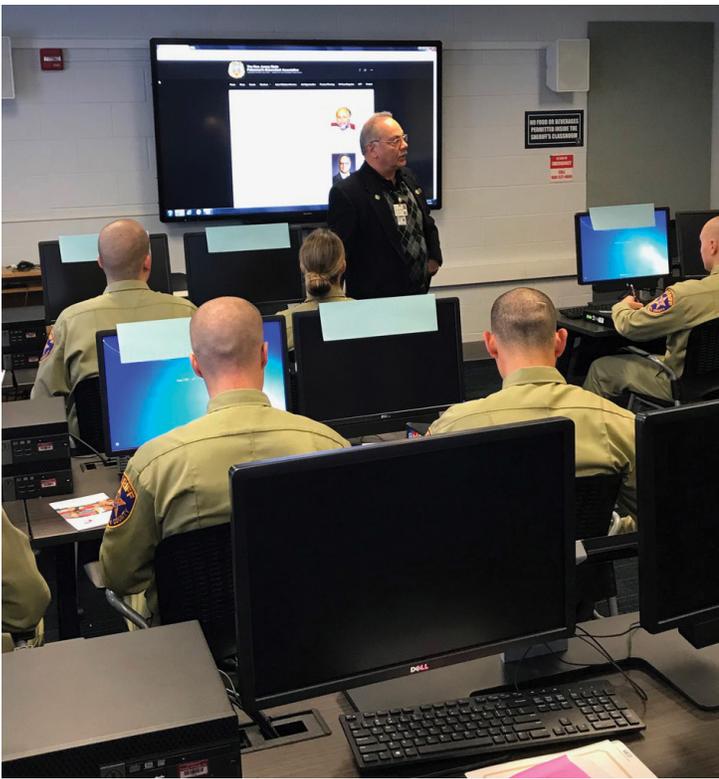
Princeton House also takes a leadership role in educating providers across the region through public Grand Rounds, which are increasingly important in the midst of the opioid epidemic.

After educating nurses throughout the medical center via online and on-unit training, UMCP was able to document a reduction in the number of patients with behavioral health issues requiring one-on-one supervision. There was an increase in confidence in caring for the behavioral health population and an increase in staff satisfaction. PHCS nurses presented this project as a poster session at the ANCC National Magnet Conference, where it was recognized as a Magnet® Exemplar project.



CENTER FOR EATING DISORDERS CARE

In 2017, the Center for Eating Disorders Care cared for 289 patients from 37 states. The program, one of the only inpatient eating disorders programs in the United States to treat children as young as 8, also created fully separate and distinct treatment programming and a separate physical space for patients younger than 18 years old.



FIRST RESPONDER TREATMENT SERVICES

Suicide rates for active duty and retired law enforcement officers, firefighters, EMTs and military personnel in New Jersey are alarming. In 2017, Princeton House First Responder Treatment Services launched an awareness and intervention training program for newly hired first responders – the first of its kind in New Jersey. More than 350 correction officer recruits were trained using a model that reinforces peer intervention and helps to destigmatize addictions and mental health issues.

Admissions for active duty military personnel increased substantially at Princeton House in 2017 after signing a Memorandum of Understanding (MOU) with the 87th Medical Group of the Joint Base McGuire-Dix-Lakehurst and starting a reciprocal educational exchange between the two clinical staffs. Service members referred to Princeton House inpatient treatment take advantage of First Responder Treatment Services, while those referred to outpatient treatment participate in Men’s Trauma or Women’s Program Trauma and Addiction tracks.

In 2017, PHBH had 211 law enforcement officers, firefighters, EMTs, military personnel and veterans take advantage of the First Responder Treatment Services.



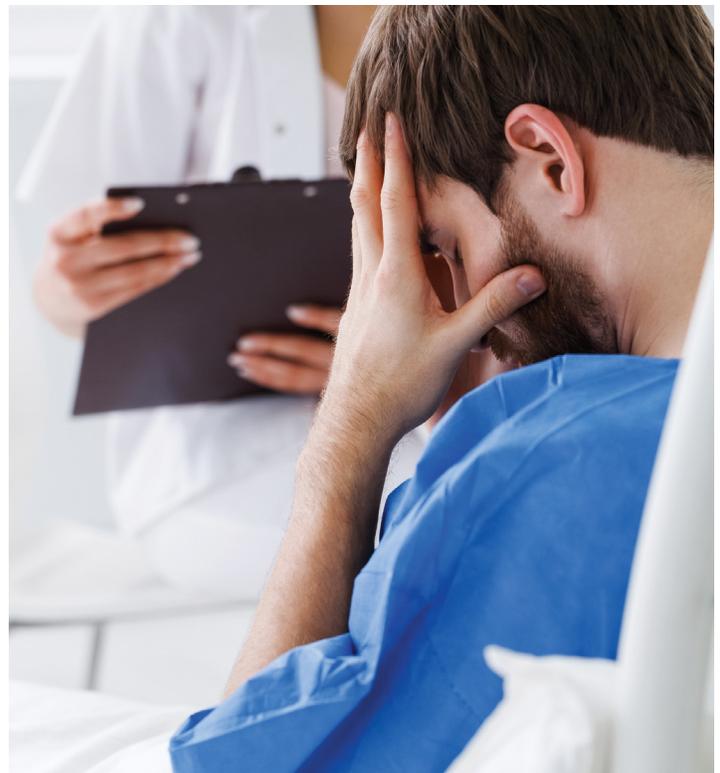
Two years ago, Princeton HealthCare System completed a community needs assessment, which showed that mental health and substance use are among the top concerns of our community.

In 2017, the State of New Jersey also acknowledged this public concern and solicited licenses for up to 854 inpatient beds for behavioral health and substance use disorders, increasing the capacity to care for 40 percent more inpatients statewide. Princeton House Behavioral Health applied for and was approved to add 29 new beds at our 905 Herrontown Road, Princeton, location. We are making changes to accommodate the needs of individuals impacted by the opioid epidemic. We are also currently evaluating the merits of expanding our inpatient services. Our outpatient programs are operating at a close-to-full capacity, so we know that the expansion of our outpatient centers will be welcomed by our patients and by referring providers in the community.

Richard Wohl, MSW, MBA
President, Princeton House Behavioral Health
Senior Vice President, PHCS

BEHAVIORAL HEALTH EMERGENCY DEPARTMENT

Since the opening of UMCP’s new facility in 2012, the Behavioral Health Center for Emergency Care (BHED), a discrete six-bed secure unit attached to the main Center for Emergency Care, has treated increasing numbers of patients each year. In 2017, 2,922 patients were seen at the BHED, with about 33 percent of those referred to Princeton House’s inpatient service. The UMCP model is among a relatively few BHEDs statewide, and demand is high.



Princeton HealthCare System Foundation

Established in 1978, the mission of the Princeton HealthCare System Foundation is to financially support and promote the mission of Princeton HealthCare System.



2017 Title Sponsors and Golf Outing Committee Members

22ND ANNUAL PRINCETON HEALTHCARE SYSTEM GOLF OUTING

Princeton HealthCare System's 22nd Annual Golf Outing, held at Metedeconk National Golf Club in Jackson, raised more than \$290,000 to benefit the Center for Pelvic Wellness at UMCP.

Serving as the Title Sponsor this year was Compass One Healthcare and its related companies—Crothall Healthcare, Morrison Healthcare and Canteen Vending. We are grateful to our vendors and donors for their support in another successful outing.

NOVO NORDISK SUPPORTS COMMUNITY EDUCATION & OUTREACH DEPARTMENT

The Princeton HealthCare System Community Education & Outreach Department received a \$25,000 donation from Novo Nordisk in support of its Healthy Eating, Active Living program. This program offers classes to the community on nutrition, cooking and exercise to promote healthy lifestyle choices.

JOHNSON & JOHNSON AND THE PROVIDENT BANK FOUNDATION SUPPORT THE BRISTOL-MYERS SQUIBB COMMUNITY HEALTH CENTER

In continued support of UMCP's Bristol-Myers Squibb Community Health Center, the Johnson & Johnson Community Health Fund made a gift of \$75,000 to the Diabetes Care and Management Program. The Provident Bank Foundation also made a donation of \$10,000 in support of this program to help it continue providing essential care and education for at-risk underserved adult diabetes patients.

BEQUEST GIFT FROM AREA RESIDENT

Longtime supporter and area resident Lisalotte Grayson, who passed away in 2015, included the Princeton HealthCare System Foundation in her estate plans. Her bequest gift of \$105,100 was realized in 2017 and will support the Foundation's Annual Fund.



Norman and Nancy Klath

NORMAN AND NANCY KLATH SUPPORT PURCHASE OF EQUIPMENT

A generous donation from Norman and Nancy Klath supported the purchase of motorized parallel bars for the Acute Rehabilitation Unit at the University Medical Center of Princeton. This equipment allows therapists to adjust the height and width of the bars to accommodate the needs of each patient, thereby helping them move toward recovery more quickly.



THE DR. JAMES J. O'CONNELL FUND AND JACK AND ADELE BORRUS SUPPORT THE UMCP CENTER FOR EMERGENCY CARE

In 2017, Adele and Jack Borrus allocated a \$25,000 multi-year gift to the Center for Emergency Care through the Dr. James J. O'Connell Fund, a charitable

remainder trust of which Mr. Borrus is the sole trustee. This gift will be used for programmatic support, including continuing education and training and equipment upgrades.

GIFTS TO PRINCETON HOUSE BEHAVIORAL HEALTH

PHBH benefitted from several gifts from individuals and organizations in 2017, which were used to cover the cost of staff development, patient care services, clinical equipment and new initiatives at PHBH. The Church & Dwight Employee Giving Fund made a contribution of \$10,000 to support the First Responder Treatment Services program. This program is the first in New Jersey to provide inpatient addiction and mental health services to address the unique behavioral health needs of police and corrections officers, military and first responders.



Philanthropy allows us to stay at the forefront of advances in patient care and technology while ensuring access to first-rate medical care for our community. The above are a few examples that illustrate the ways individuals and organizations help strengthen our community and healthcare system through their support. We are extremely fortunate to live in an area that values the power of philanthropy, and we are grateful for the community's continued confidence in our work.

Gerard A. Compito, MD
Chairman
PHCS Foundation Board of Directors
Senior Attending Physician, PHCS

PRINCETON HEALTHCARE SYSTEM MISSION STATEMENT

Princeton HealthCare System's mission is to respond to the healthcare needs of our service area residents. It is the general responsibility of the PHCS Board of Trustees to define and pursue the mission and safeguard the values of PHCS while providing assurances that management's policies and practices are consistent with the mission of PHCS, that there are adequate financial resources to support such a mission and that services being provided by PHCS are of high quality.

PRINCETON HEALTHCARE SYSTEM & FOUNDATION GOVERNANCE

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